A new coronavirus (COVID-19) has caused an outbreak of respiratory illness (fever, cough and shortness of breath).

6 ways to stay safe

**WASH** your hands frequently and thoroughly using soap, under running water for at least 20 seconds. Use alcohol-based hand sanitizer if soap and water aren’t available.

**PRACTICE** social distancing
Maintain at least 1.5-meter distance between yourself and anyone who is coughing or sneezing.

**AVOID** touching your eyes, nose or mouth.

**COVER** your mouth and nose with a bent elbow or tissue when you cough or sneeze, then throw the tissue in the trash.

**SEEK** immediate medical care if you have a fever, cough and difficulty breathing.

**STAY** informed, check your local authority or [www.who.int](http://www.who.int)

What to do in case there’s a suspected COVID-19 case

- Don’t panic
- Report to the nearest healthcare facility
- Or call: