

Clean hands save lives



Duration of the entire procedure: **40-60 seconds**



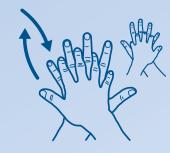
Wet hands with water



2 Apply enough soap to cover all hand surfaces



Rub hands palm to palm



4 Right palm over left dorsum with interlaced fingers and vice versa



Palm to palm with fingers interlaced



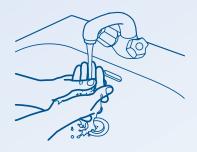
Backs of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb clasped in right palm and vice versa



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa



9 Rinse hands with water



Dry hands thoroughly with a single use towel



11 Use towel to turn off faucet



12 Your hands are now safe